

Delayed Spontaneous Closure of High Output Bile Leakage after Subtotal Laparoscopic Cholecystectomy: A Case Report and Review of Literatures

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ABSTRACT

Laparoscopic cholecystectomy is the standard and the most commonly used procedure for the treatment of benign gall bladder diseases, and the subtotal laparoscopic cholecystectomies is one of the rescue techniques to bailout from and finish safely the difficult cholecystectomies. However, this modality is reported to be associated with more incidence of post-operative bile leak which necessitates further management. Here we present a case of subtotal laparoscopic cholecystectomy which was followed by high output bile leakage for more than 10 days and fortunately sealed spontaneously.

KEYWORDS: Laparoscopic cholecystectomy, gall bladder diseases, cholecystectomies.

INTRODUCTION

The benign gall bladder diseases gold standard of treatment is the laparoscopic cholecystectomy (1). Procedures that can be successfully get the mission done in 90% of elective and 70% of emergency cholecystectomies (2). However, facing a “difficult cholecystectomy” [more than three hours duration of operation, loss of more than 300 ml of blood, or the necessity of getting a more experienced surgeon’s aid] may change the paradigm above, mandating a rescue technique (3).

One of the reported rescue techniques is the subtotal laparoscopic cholecystectomy (4-6) a relatively safe way to finish the surgery but unfortunately not free of complications, especially post-operative bile leakage (7). Generally, post laparoscopic cholecystectomy bile leak can occur in 0.3% - 2.7% of cases which is mainly from the cystic duct stump and the sub vesical duct of Luschka. (8-10)

Not surprisingly, the rate is much higher following subtotal laparoscopic cholecystectomy as it was reported to reach up to 12.2% (7). Biliary fistula, sub phrenic collections, and peritonitis could occur following bile leak and without early and adequate treatment can result in significant rate of morbidity and even mortality (11).

In this paper we would like to present to you a case of high output biliary leak following a subtotal laparoscopic cholecystectomy with its dramatic spontaneous closure.

CASE PRESENTATION

A fifty-two years old lady presented to our out-patient clinic with history of gall stones for many years. She was advised to do cholecystectomy as the last ultra sound scan reported that her gall stone is about 48 mm in diameter. The patient was markedly well, has no any abdominal pain or discomfort, on examination she had soft abdomen, with her complete blood count and liver function tests completely normal.

The patient was scheduled for laparoscopic cholecystectomy. Surgery was done at 11-3-2024, during laparoscopy severe adhesions were noticed between the gall bladder, the omentum, the transverse colon, and the duodenum.

Careful adhesiolysis was done, even though it gave no guarantee that the surgery can be finished laparoscopically safely. And taking in consideration that in spite of the inflammatory process, our patient had no signs and symptoms of cholecystitis we counted for the possibility of the presence of concomitant fistula or Mirizzi’s syndrome, so we decided to do subtotal laparoscopic cholecystectomy type -A- [leaving part of the posterior wall attached to the liver and the stump remains open].

Two stones were extracted (48mm and 29mm) and were removed by endobag with the excised part of the gall bladder (Figure 2) which was sent for histopathology. Good hemostasis was secured and a tube drain 18fr was placed at the morrison’s pouch near to the stump.

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The first post-operative day was uneventful with the patient lying comfortable in bed and the drain contains only few CCs of blood.

From the second day we noticed that the port sites dresses were bile stained and then bile started to appear in the drain which was increasing to about 600 ml / 24 hours.

The same amount of bile continued to drain through the seven following days but the patient was vitally stable, no abdominal discomfort, with normal blood picture and liver functions tests.

Reaching day ten post operatively with 500 ml. bile leak per 24 hours we decided to do magnetic resonance cholangio-pancreatography (MRCP) with CT scan of chest and abdomen with double contrast (Figure 2).

The report revealed that the biliary tree was intact with the bile leaking through the bile duct stump, and the only collection was 4*4 cm of bile near the stump with no intra-abdominal or intra-thoracic collections. The patient was scheduled for the ERC and biliary stenting to be done in the next 2-3 days, but surprisingly in the next day we noticed a marked decrease in the bile output which was about 200 ml/24 hours.

The following day it was about 100 ml/24 hours, and on the 13th post-operative day it ceased completely, and the ultrasound report revealed no collections at all.

We waited for another three days the drainage was nil, the ultrasound scan was normal, with completely normal investigations, so we removed the drain and the patient was discharged home and kept on regular follow up.



Figure 1: Subtotal Laparoscopic Cholecystectomy.

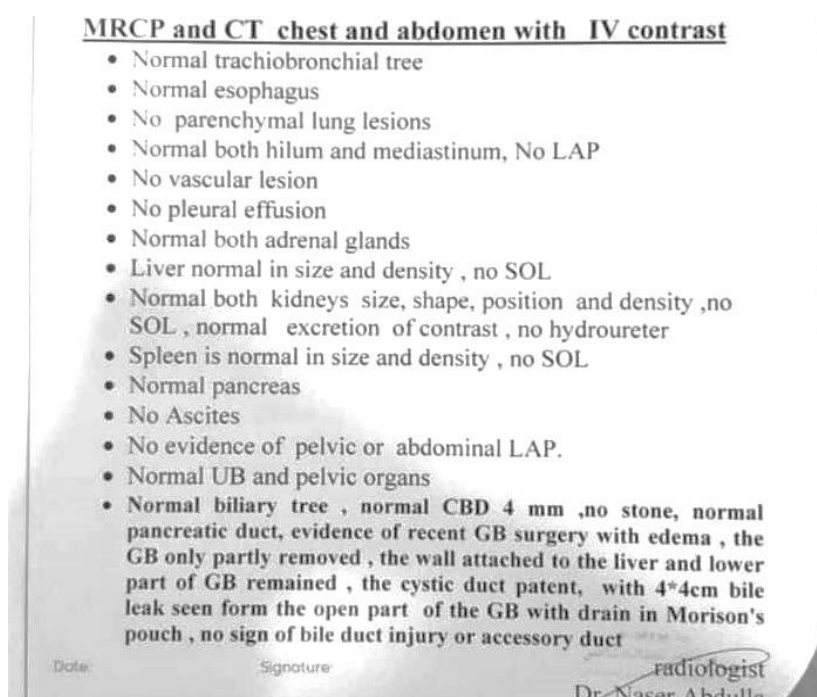


Figure 2: Post-operative MRCP with CT scan report.

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DISCUSSION

Subtotal laparoscopic cholecystectomy can be done in four different ways: Type -A- part of the posterior wall will be left attached to the liver without closure of the remaining gall bladder stump. Type -B- same as -A- with closure of the stump. Type-C- both anterior and posterior gall bladder walls are resected with closure of the pouch, Type -D- similar to -C- with the pouch left open (12).

In addition to the fact that subtotal laparoscopic cholecystectomy is associated with higher incidence of post-operative bile leak than the total laparoscopic cholecystectomy, the leak was found to be more associated with Type -A- method (69.9%) than Type-C- (15.6%) & Type -B- (14.5%) (7). In our case we chose the Type -A- method to avoid extra dissection and intraoperative bleeding due to the present severe adhesions and fibrosis.

With the establishment of adequate external drainage, it is known that the bile leak of less than 200 ml per day for few days that decreases with time will stop spontaneously, but if the leak was more than 200 ml daily for few days ERC is performed to detect the site of the leak and determine the treatment modality (13).

Multiple methods of treatment for the persistent bile leak are prescribed whether the already known techniques like sphincterotomy alone, nasobiliary stents, or biliary plastic stents which is the preferred method by most authors (14-16).

Or the upcoming new modalities like Biodegradable biliary stents (17), Botulinum toxin injection of sphincter of Oddi (18), the application of Cyanoacrylate glue at ERCP to close the bile leak site (19), or percutaneous cystic duct coiling (20).

All of these methods are not free from morbidity and sometimes mortality. In this case in spite of the persistent high output bile leak for ten days, we chose careful watching with adequate drainage and full antibiotic coverage; also we chose a non-invasive diagnostic modality to detect the leak site. Fortunately, the leak stopped by itself at day thirteen post-operatively without the need for further intervention.

CONCLUSION

It may be advisable to give more watchful waiting time observing high output bile leaks after subtotal laparoscopic cholecystectomy with the maintenance of adequate external drainage and good antibiotic cover, provided that the patient having normal gastrointestinal function with no evidence of generalized peritonitis or toxicity.

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